

GETTING CONNECTED AT MCGILL

A guide for building your social network

Tips for meeting new people at McGill:

1. Try something new

At McGill there are constant opportunities to go outside your comfort zone, from virtual workout classes to the McGill Astrology club and everything in between. Trying something new provides a great chance to meet new people and expand your social network.

2. Find a mentor

All McGill Engineering Undergraduate Departments offer peer mentorship programs connecting you with an upper level Engineering student, who can provide support and guidance for your first year.

3. Be patient

Remember that adjusting to a new environment takes time. Meeting new friends doesn't end after Frosh; you can create other opportunities to meet new people throughout the year!

How to get involved at McGill:

1. Join a club

There are over 200 clubs at McGill so it can be easy to find peers who have the same interests as you. [Click here for a full list of McGill clubs.](#)

2. Sign up for the First Friend program

Student Services has announced an exciting new program that connects first year students to one another: the First Friend program! [Click here to sign up to be matched with a fellow first-year McGill student in the same timezone and faculty as you.](#)

3. Check out your Student Association

Each department within the Faculty of Engineering has a student-run association that organizes socials, networking events, peer tutoring, and more! [Click here for a full list of student associations in the Faculty.](#)

4. Explore the McGill International Student Network

This network brings together the large population of international students at McGill by organizing social events, study groups, and helpful workshops to specifically address international students' needs. [Click here for more information.](#)

5. Sign up for the International Student Buddy Program

This program matches incoming international students with current upper year international students. Buddies offer support, guidance and mentorship to new students and can share their past experiences. They have been in your shoes and can be a great resource and friend during the transition to McGill! [Click here to sign up and connect with a buddy.](#)